

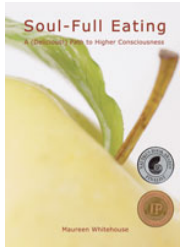
**Just in time for the holiday season, when friends and families the world over gather together to celebrate spirit by sharing food...**

Come enjoy a life-changing experience, as you learn how to:

## **Eat Your Way to Enlightenment**

**A Workshop with Maureen Whitehouse, author of the newly released, award-winning book:**

### ***Soul-Full Eating: A (Delicious!) Path to Higher Consciousness***



Based on her comprehensive, well-researched and authoritative book on nutrition, Maureen will teach you how to *choose foods which resonate with your Soul!* Sit back and relax as she artfully shares with you her knowledge as an expert in nutrition and spirituality and guides you along a delicious and rejuvenating Soul-satisfying path. It's one based on the love of food that anyone – no matter what their faith, religion or personal philosophy – can follow. It's the answer to every challenge you've ever felt with food, fear, stress and burdensome beliefs. Here's the key:

**EAT WITH LOVE,  
WHAT'S GROWN WITH LOVE,  
PREPARED WITH LOVE  
AND SERVED WITH LOVE.**

We all know that holidays can be a challenging time for those wanting to stay centered, peaceful and healthy. *Soul-Full Eating* can help you experience this season the way you always wished you could!

Take this spellbinding journey to consciousness, if you would like to:

- Forget those diet oriented New Year's resolutions - start the New Year off already well on your way to feeling healthy, connected, purpose-full and at your ideal weight!
- Become aware of simple, yet dynamic changes you can make in how you select, prepare and eat food that will increase your vibrancy and personal energy.
- Explore the best approaches to diet available today – including Raw Foods, Macrobiotics, Ayurveda, Acid/Alkaline Balance, Food Combining and the “new” Kosher.
- Gain cutting-edge knowledge about weight loss that brings self-love along with dropped pounds.
- Use foods to stimulate the body's ability to rejuvenate and heal.
- Deepen your spiritual connection on a daily basis while you take a stand for a compassionate and sustainable world.

**Be prepared to be “stuffed” with the profound insights!**

**Date:** November 17, 2007

**Time:** 10:00 am to 3:00 pm

**Place:** Hollywood, FL

**Price:** \$227.00 **Bring a friend/loved one:** \$200.00 each **Group Rate:** 3 or more people - \$175.00 each

**Register Online at [www.ExperienceAxiom.com](http://www.ExperienceAxiom.com) or call 954-920-7870**

*100% Satisfaction Guarantee*

#### **Workshop includes:**

- Workshop
- Lunch – *A Mindful Eating Experience*
- Opportunity to talk with Maureen *and have your books autographed*
- Free Email subscription to the Soul-Full Living newsletter
- \$5.00 Discount coupon for use at the onsite bookstore
- Take home handouts with the essential workshop material and references for further study.

#### **Plus these Free Downloadable Bonus Gifts:**

- Personal Eating Evaluation – Are you Soul-Full?
- Special Report – The 7 Most “Intelligent Foods”
- Poster: The Love Scale of Foods – Identify which foods rank Highest *in Love*
- And, firm your tummy *by simply breathing!* – *Soul-Full Eating* Deep-Belly Breathing Meditation CD/MP3



Maureen Whitehouse's expansive knowledge of nutrition grew from the demand to maintain a “picture perfect” image as an international model and commercial actress. This initial goal led to decades of experiences traversing the globe voraciously studying the world's diverse nutritional and spiritual traditions.

**Nowhere else on earth can you find insights about food, love and life, like this!**